



Peter McCall <petemccall1@gmail.com>

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## Combat Stress and Trauma in Returning War Veterans and Their Families

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PESI <knowledge@pesiseminars.com>

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## Combat Stress and Trauma in Returning War Veterans and Their Families

**A can't-miss 90-minute teleseminar**

**Featuring: Expert Speaker & Author**

***Sharon Freeman, Ph.D.***

***Author of Living and Surviving in Harms Way***

**Thursday, September 9, 2010**

**Can't participate in the live event?**

**[Order the complete recording](#)**

**2:00-3:30 p.m. (Eastern)**

**1:00-2:30 p.m. (Central)**

**12:00-1:30 p.m. (Mountain)**

**11:00 a.m.-12:30 p.m. (Pacific)**

**10:00-11:30 a.m. (Alaska)**

**8:00-9:30 a.m. (Hawaii-Aleutian)**

**[Click here for more information on the program](#)**

- Current and Upcoming Integrative Interventions for Combat PTSD
- "Welcome to the Army": Military Psychology 101
- Combat and Operational Stress Response (COSR) vs Post-Traumatic Stress Disorder

## (PTSD) vs Traumatic Brain Injury (TBI)

### ■ Understanding and Working with Military Families

This 90-minute-teleseminar will equip you to meet the unique needs of veterans returning home from war and help you obtain a better understanding of the impact military culture has on those seeking services. Dr. Sharon Freeman is an Advanced Practice Clinical Nurse Specialist who provides clinical mental health services to military veterans, law enforcement officers and their families. In addition, you will learn how to differentiate COSR, PTSD and TBI along with effective interventions for each. Learn to effectively work with combat veterans and help with issues of reintegration. Dr. Freeman is an energetic and knowledgeable speaker who weaves proven research findings with real life cases making her material come to life.

[Click here to register](#)

### Outline

#### Combat Stress and Trauma

- America`s Rapidly Growing Mental Health Crisis
- "Welcome to the Army": The Military Culture
- Keeping Things in Perspective

#### Assessment

- Combat and Operational Stress Response (COSR) vs PTSD vs TBI
- Family stress with repeat deployments and moves on the couple and the veteran
- Overt and covert suicidality
- The dos and don'ts of working with combat veterans

#### Intervention, Treatment and Reintegration

- Current and upcoming integrative interventions for Combat PTSD
- The Lost Heroes: Understanding and working with military families

#### Objectives

1. Identify various cultural factors, both military and civilian, impacting returning combat veterans.
2. Differentiate between COSR (combat and operational stress response), PTSD, and Traumatic Brain Injury, as well as identify the overlapping features of these problems.
3. Describe the impact of deployments on family members and the returning veteran.
4. Develop an understanding of suicidality in the combat veteran.
5. Increase your competence and comfort level in working with all combat veterans and their families.

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### Speaker:

**Sharon Morgillo Freeman, Ph.D., PMHCNS-BC**

- Author and Editor of *Living and Surviving in Harm's Way: A Psychological Treatment Handbook for Pre and Post Deployment of Military Members*
- Served as a trainer to military units both in the U.S. and in Europe
- Family member of current and retired military members
- Areas of expertise include PTSD, combat and operational stress, suicide prevention and intervention, verbal first aid, dynamic stress management, and psychopharmacology
- Served as an adjunct faculty member at Indiana Purdue Universities
- A popular international public speaker, trainer, and consultant

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### Buy this excellent resource!

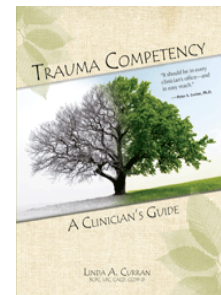
#### *Trauma Competency: A Clinician's Guide*

Linda A. Curran, BCPC, LPC, CACD, CCDP-D

This is a book for clinicians. More specifically, it is a book for clinicians to use with their clients affected by trauma's sequelae. Unique in its approach, author Linda Curran not only defines and explains the current trauma paradigm-relevant theories and current neuroscience, but step-by-step demonstrates its in-session clinical utility and applicability.

**Order Now**

\$24.99 plus shipping and handling SAM041325



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## Register Today!

\$69.99 per phone connection. (As many participants as you want can listen to this live presentation.)

One CE Certificate included.

\$9.99 for credit for each additional participant

**How to register:** On-line: <http://www.pesi.com>

Phone: 1.877.880.1335; please have your credit card available.

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If you contact us before the seminar date, you can exchange for a certificate to attend another PESI teleseminar, online event or receive a tuition refund less a \$30 cancel fee. Substitutions are permitted at any time.

ADA Needs: PESI LLC would be happy to accommodate your ADA needs; please call at least two weeks prior to the event date.

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### Credit Information

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\*Webinar\* Friday, September 10, 2010
- [Addictions & Substance Abuse with Stephen Rollnick, Ph.D.](#)

Monday, September 13, 2010

- o [7 Habits of Highly Effective Brains](#)

Thursday, September 16, 2010

- o [Managing Challenging Behavior in Children with Autism with Tony Attwood, Ph.D.](#)

Wednesday, September 22, 2010

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### What is a Teleseminar

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