

www.CareForTheTroops.org

Addressing The Invisible Wounds of War



Oct 11, 2010

Mission: ... facilitating the spiritual and psychological care of returning war veterans and their extended families

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Causes for Concern



1. Multiple deployments are common causing stress and family attachment issues
2. An April '08 Rand Study reported 37% have either PTSD, TBI, or significant Mental Stress (5% all 3). Some estimate >50% return with some form of mental distress
3. Suicide, alcoholism, domestic abuse and violent crimes rates are rising. Suicide is 33% higher in '07 over '06, 50% higher in '08, equal to '08 by May of '09. As of summer 2009, 761 killed in Afghanistan, yet 817 suicides in all services over the same period. 2010: military > civilian suicides
4. Military Sexual Trauma (MST) is running at 16%-23%
5. In 2008, military children and teens sought outpatient mental health care 2 million times, a 20% increase from '08 and double from the start of the Iraq war ('03)
6. DoD and VA facilities are stretched ... the Aug 2009 VA claims backlog was 900,000; April 2010 backlog has improved to 605,000
7. Many more Reservists & Guard than previous wars (54% as of mid '08) and they and families are more distant from DoD and VA support facilities
8. Other mental health, marriage, and family problems often occur with or leading up to PTSD requiring attention so they don't get worse
9. Rand Study ('08) estimates that PTSD and depression among service members will cost the nation up to \$6.2 billion in the two years after deployment. Investing in proper treatment would actually save \$2 billion within two years.

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Mission of CareForTheTroops.org



- Work to improve the ability of the civilian mental health infrastructure in the State of Georgia, then nationally, to work with military family members
- Facilitate connecting military families to providers of spiritual and psychological services familiar with the military culture and trauma
- Focus on addressing combat stress recovery as well as other spiritual and mental health related problems impacting the marriages and families of military veterans
- Educate and train clinicians, congregation and community leaders, extended family, and civilian groups about the military culture and trauma associated with military deployments in order to better assess and treat mental health symptoms, and provide more effective referrals and care
- Provide opportunities for additional trauma treatment training to clinicians
- Operate in an interfaith, non-political manner, focusing on the humanitarian interest that benefits the veterans and their extended family members

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Organization



501c3 status has already been approved by the IRS

Current Board of Directors:

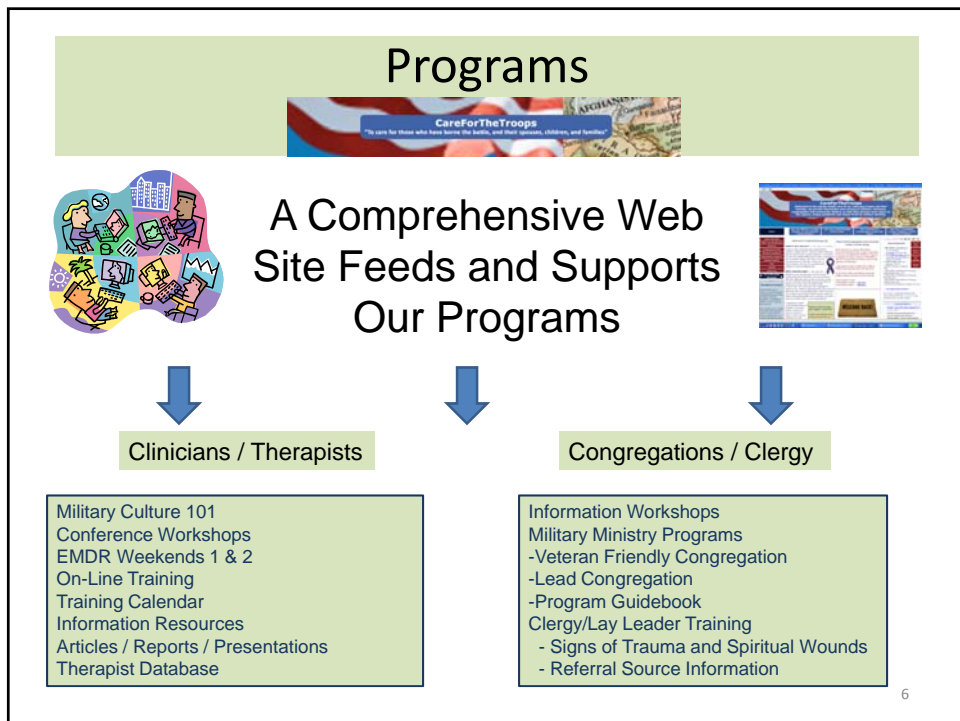
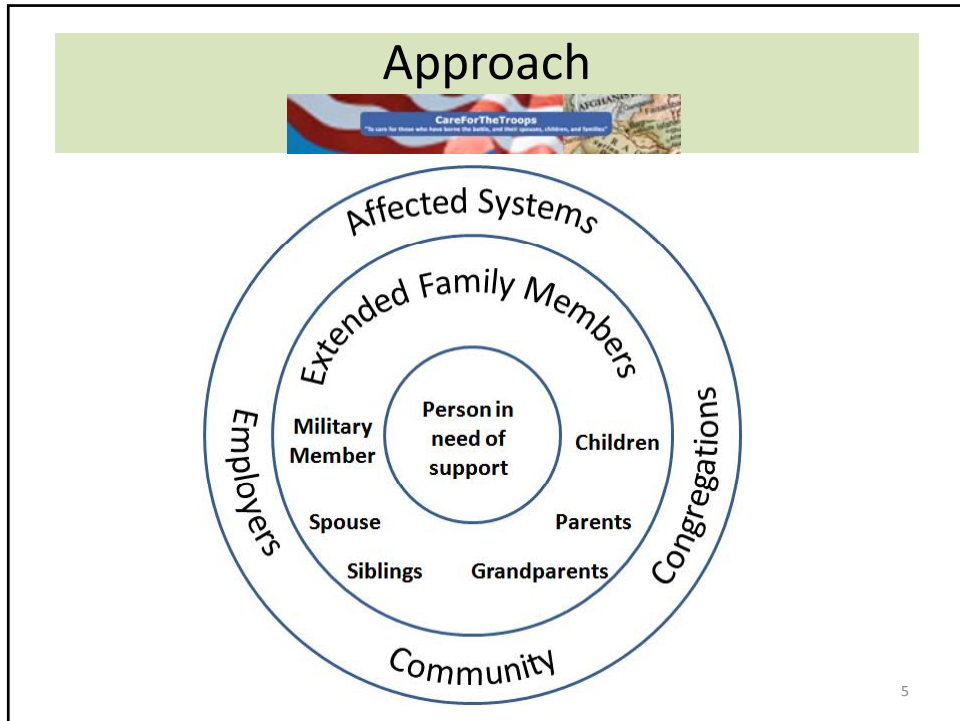
President	Rev Robert Certain, Rector, Episcopal Church of St Peter and St Paul (USAF)
Exec Director	Peter McCall (USArmy)
Member	Bill Harrison, Partner, Mozley, Finlayson & Loggins LLP (USAF)
Member	William Matson, Exec Director, Pathways Community Network, Atlanta, GA
Member	Alan Baroody, Exec Director, Fraser Counseling Center, Hinesville, GA
Member	Joseph Krygiel, CEO of Catholic Charities, Archdiocese of Atlanta (US Navy)
(open)	Presbyterian
(open)	CBF (Cooperative Baptist Fellowship)
(open)	Lutheran

Current Partners:

The Georgia Association for Marriage and Family Therapy (GAMFT)
 The EMDR Network of Clinicians in Georgia
 Pathways Community Network, Inc
 Fraser Counseling Center, Hinesville, Georgia
 Catholic Archdiocese of Atlanta
 Cooperative Baptist Fellowship (CBF) of Georgia
 Episcopal Diocese of Atlanta
 Lutheran ELCA Southeast Synod
 Presbytery of Greater Atlanta/Presbyterian Women



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This is the top of the Home Page

This shows the first 4 search results for Fulton

Search Database Process: CareForTheTroops providing education to mental health professionals on treating the military and information to civilian groups, so they better understand and...

LIST ORDER filtered by county, then zip
Therapists with multiple addresses will be listed multiple times
Therapists with no military culture training, experience or background in their profile will not be listed

ID: 140 NAME: Ms Nina M Laltrello, LMFT ADDRESS: 3534 Old Milton Parkway, Alpharetta, GA 30005 COUNTY: Fulton (north) REGION: NW PHONES: O: 770-908-7391 C: 770-908-7391 F: 678-624-0258 SPECIALTIES: PTSD, Marriage/Couples, Mindfulness Based Stress Reduction, Family, Addiction OTHER SPECIALTIES: Certified Clinical Alcohol and Drug Counselor INSURANCE PANELS: not on any panels	EMAIL: nina_laltrello@hotmail.com DEGREES: Bachelor of Business Administration, Master of Family Therapy OTHER LANGUAGES: MILITARY CULTURE TRAINING COURSES ATTENDED: MILITARY CULTURE BACKGROUND AND EXPERIENCE: Bosnia/Joint Endeavor/Guard-Era Vietnam Era
ID: 123 NAME: Faren L McCreary, LMFT, LPC ADDRESS: The Link Counseling Center 340 Mt. Vernon Hwy., Atlanta, GA 30328 COUNTY: Fulton (north) REGION: NW PHONES: O: 404-256-9797 C: 404-213-6172 SPECIALTIES: PTSD, EMDR, Marriage/Couples, Mindfulness Based Stress Reduction, Family INSURANCE PANELS: We do not take any insurance at The Link	EMAIL: ligm@mindspring.com DEGREES: psychology, Community Counseling OTHER LANGUAGES: MILITARY CULTURE TRAINING COURSES ATTENDED: MILITARY CULTURE BACKGROUND AND EXPERIENCE:
ID: 144 NAME: Dr John J Parrino, PhD ADDRESS: Dr. John J. Parrino 950 hammond dr. ste 575, atlanta, GA 30328 COUNTY: Fulton (north) REGION: NW PHONES: O: 404-243-1512 F: 404-243-0940 SPECIALTIES: PTSD, EMDR, Marriage/Couples, Family	EMAIL: jiparrino@aol.com DEGREES: doctorate, doctorate, post-doc-psychopharmacology OTHER LANGUAGES: MILITARY CULTURE TRAINING COURSES ATTENDED: MILITARY CULTURE BACKGROUND AND EXPERIENCE:

Agenda – Military Culture 101 Workshops

Topic	Duration	Comments
Intro and Opening	10	Presenters, Goals and Agenda Oath of Enlistment
CareForTheTroops.org	20	Overview Mission / Role of Clinicians Show Key Website Components for Clinicians Review Enrollment and Marketing Assistance
En'visioning' the Issues	40	Brothers at War Trailer Audience Discussion Fraser Center Perspective
Military Culture	35	Jargon and Organization Deployment/Family Life Cycles Stressors
Clinical Treatment Background Info	45	Demographics PTSD-Signs and Treatments Family Therapy Approaches Case Study
Insurance Considerations	15	Insurance Overview @Fraser Ctr.
Q&A and Closing	15	On-Going Discussion

Handout – A0an Example

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Programs



A Comprehensive Web Site Feeds and Supports Our Programs



Clinicians / Therapists

- Military Culture 101
- Conference Workshops
- EMDR Weekends 1 & 2
- On-Line Training
- Training Calendar
- Information Resources
- Articles / Reports / Presentations
- Therapist Database

Congregations / Clergy

- Information Workshops
- Military Ministry Programs
- Veteran Friendly Congregation
- Lead Congregation
- Program Guidebook
- Clergy/Lay Leader Training
- Signs of Trauma and Spiritual Wounds
- Referral Source Information

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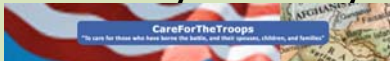
Why Congregations



- “...With research consistently showing that clergy - not psychologists or other mental health experts - are the most common source of help sought in times of psychological distress...” based on a Baylor University study Oct 2008 *The results were published in Mental Health, Religion and Culture.*
- Congregations already know their local community which is important if we are to address the needs across the entire State (and Nation).
- Often they already belong to a local interfaith community, e.g. the local Covenant Churches of East Cobb
- There is the opportunity to access the existing “networks” within the larger faith communities, e.g. the Catholic Archdiocese of Atlanta with the help of the Catholic Charities Atlanta network.

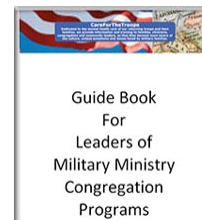
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Military Ministry



Purpose

The ministry approach is intended to address the entire extended family members associated with the person that is or has been in the military. The ministry has the following goals:



- Help the congregation members maintain an **awareness** of the existence and needs of those sacrificing their time and effort to support our country
- Create an **environment of acceptance** within the congregation for any extended family member who worships or visits the congregation; acceptance of their needs (physical, material, and spiritual), and a willingness to join in their struggles, whatever they might be

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VFC vs Lead Congregation Responsibilities



Responsibilities	VFC	Lead Congregation
Establish a Military Ministry Team within the congregation	X	X
Establish at least 1 program approved by CFTT or LC (more desired)	X	X
Advertise the programs in your congregation all year	X	X
Provide an annually signed VFC Commitment Letter to CFTT	X	X
Agree that we can list congregation information on the CFTT site	X	X
Be an advocate and emissary of CFTT in an agreed to geography		X
Recruit congregations of all faiths in the community		X
Advise VFCs on how to get started		X
Communicate with established VFCs and CFTT quarterly		X
Assist Regional Trainers in scheduling training		X
Help with fundraising within the geography agreed to with CFTT		X

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“VFC–LC” NEXT STEPS ...

- Gain Agreement from the Congregation’s Leadership for the Ministry
- Assign a Ministry Leader
- Recruit and Form a Core “team”, “group”, “committee”
- Decide which Programs to begin and/or enhance
- Sign-up as a CFTT VFC* – connect with the Lead Congregation
- Consider being a Lead Congregation and work with CFTT

* A VFC is a Veteran Friendly Congregation

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Agenda – Clergy/Lay Leader Training

Time	Speaker	Topic
10	St Luke's	Introductions and Opening Remarks
20	Peter McCall	Review what CareForTheTroops is and does www.CareForTheTroops.org
30	Dr Alan Baroody	The Trauma Continuum
10		BREAK
40	Dr Alan Baroody	The Spiritual Wounds of War
30	Peter McCall	Congregations' Response Review how congregations can participate <ul style="list-style-type: none"> • Congregations can start Military Ministry Program • Explain the role of a VFC* and Lead Congregation • Describe and ask for VFC* Approval Letters
10	All	Open Discussion and Concluding Remarks

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Questions ?



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