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Workshop Teaches Law Enforcement, Military About PTSD

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EL PASO, Texas -- An estimated 2-million troops are expected to return from duty with post traumatic stress disorder, according to leaders with University Behavioral Health.

On Monday, University Behavioral Health held a workshop to talk about PTSD with members of the military, as well as law enforcement.

Topics included how to recognize and manage symptoms and when and how to intervene to provide support.

Sgt. Andrew Brandi, a Vietnam veteran, said, "I've talked to soldiers who've seen over 2,500 days of combat. That means 17 times more than World War II, 10 times more than Vietnam, and the support base is not here at the moment; we're working on it. To give them some help and get them reintegrated into society."

Brandi said troops often have survivor's guilt and want to return to combat zones to protect the friends they've made.

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