

Veterans Administration Contact Information

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Thanks to Joel "Dusty" Rhodes via Ed Whitley!

Comprehensive list VA and Veterans Assistance sites, Copy it and file it in your VA or Veterans file. Then, pass it on to all the veterans you know.

Below are web-sites that provide information on Veterans benefits and how to file / ask for them. Accordingly, there are many sites that explain how to obtain books, military / medical records, information and how to appeal a denied claim with the VA. Please pass this information on to every Veteran you know. Nearly 100% of this information is free and available for all veterans, the only catch is: you have to ask for it, because they won't tell you about a specific benefit unless you ask for it. You need to know what questions to ask so the right doors open for you — and then be ready to have an advocate who is willing to work with and for you, stay in the process, and press for your rights and your best interests.

Recommend that every Veteran who is contemplating filing for disability (or already has been awarded some disability) should read the Code of Federal Regulations (CFR); Title 38: Pensions, Bonuses, and Veterans' Relief. It is a bit of a read because it was written by Lawyers, but it is the Law that they VA is governed by and is a wealth of information related to benefits and, most importantly, it gives you the words that they VA needs to hear to relate to a disability or impairment. This CFR can be found at <http://www.law.cornell.edu/cfr/cfr.php?title=38&type=chapter&value=1>

Recommend that you print and read chapters 3 Adjudication and 4 Schedule for rating disabilities. Many of the other chapters are listed below.

Appeals: http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch05.doc

Board of Veteran's Appeals: <http://www.va.gov/vbs/bva/>

CARES Commission: <http://www.va.gov/vbs/bva/>

CARES Draft National Plan: <http://www1.va.gov/cares/page.cfm?pg=105>

Center for Minority Veterans: <http://www1.va.gov/centerforminorityveterans/>

Center for Veterans Enterprise: <http://www.vetbiz.gov/default2.htm>

Center for Women Veterans: <http://www1.va.gov/womenvet/>

Clarification on the changes in VA healthcare for Gulf War Veterans:

<http://www.gulfwarvets.com/ubb/Forum1/HTML/000016.html>

Classified Records – American Gulf War Veterans Assoc

<http://www.gulfwarvets.com/ubb/Forum18/HTML/000011.html>

Compensation for Disabilities Associated with the Gulf War Service:

http://www.warms.vba.va.gov/admin21/m21_1/part6/ch07.doc

Compensation Rate Tables, 12-1-03: <http://www.vba.va.gov/bln/21/Rates/comp01.htm>

Department of Veterans Affairs Home Page: <http://www.va.gov/>

Directory of Veterans Service Organizations: <http://www1.va.gov/vso/index.cfm?template=view>

Disability Examination Worksheets Index, Comp:

<http://www.vba.va.gov/bln/21/Benefits/exams/index.htm>

Due Process: http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch02.doc

Duty to Assist: http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch01.doc

Electronic Code of Federal Regulations: <http://www.gpoaccess.gov/ecfr/>

Emergency, Non-emergency, and Fee Basis Care: <http://www1.va.gov/opa/vadocs/fedben.pdf>

Environmental Agents: <http://www1.va.gov/environagents/>

Environmental Agents M10:

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1002

Establishing Combat Veteran Eligibility:

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=315

Evaluation Protocol For Gulf War And Iraqi Freedom Veterans With Potential Exposure To Depleted Uranium (DU):

<http://www1.va.gov/gulfwar/docs/DUHandbook1303122304.DOC> and http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1158

See also, Depleted Uranium Fact Sheet:

<http://www1.va.gov/gulfwar/docs/DepletedUraniumFAQSheet.doc>

Evaluation Protocol For Non –Gulf War Veterans With Potential Exposure To Depleted Uranium (DU):

<http://www1.va.gov/gulfwar/docs/DUHANDBOOKNONGW130340304.DOC>

Fee Basis, PRIORITY FOR OUTPATIENT MEDICAL SERVICES AND INPATIENT HOSPITAL CARE: http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=206

Federal Benefits for Veterans and Dependents 2005:

<http://www1.va.gov/opa/vadocs/fedben.pdf>OR,http://www1.va.gov/opa/vadocs/current_benefits.htm

Forms and Records Request: <http://www.va.gov/vaforms/>

General Compensation Provisions:

http://www.access.gpo.gov/uscode/title38/partii_chapter11_subchaptervi_.html

Geriatrics and Extended Care: <http://www1.va.gov/geriatricsshg/>

Guideline for Chronic Pain and Fatigue MUS-CPG:

http://www.oqp.med.va.gov/cpg/cpgn/mus/mus_base.htm

Guide to Gulf War Veteran's Health: <http://www1.va.gov/gulfwar/docs/VHlgulfwar.pdf>

Gulf War Subject Index: <http://www1.va.gov/GulfWar/page.cfm?pg=7&template=main&letter=A>

Gulf War Veteran's Illnesses Q&As: <http://www1.va.gov/gulfwar/docs/GWIllnessesQandAsIB1041.pdf>

Hearings: http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch04.doc

Homeless Veterans: <http://www1.va.gov/homeless/>

HSR&D Home: <http://www.hsr.d.research.va.gov/>

Index to Disability Examination Worksheets C&P exams:

<http://www.vba.va.gov/bln/21/benefits/exams/index.htm>

Ionizing Radiation: <http://www1.va.gov/irad/>

Iraqi Freedom/Enduring Freedom Veterans VBA: <http://www.vba.va.gov/EFIF/>

M10 for spouses and children:

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1007

M10 Part III Change 1: http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1008

M21-1 Table of Contents: http://www.warms.vba.va.gov/M21_1.html

Mental Disorders, Schedule of Ratings:

http://www.warms.vba.va.gov/regs/38CFR/BOOKC/PART4/S4_130.DOC

Mental Health Program Guidelines:

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1094

Mental Illness Research, Education and Clinical Centers: <http://www.mirecc.med.va.gov/>

MS (Multiple Sclerosis) Centers of Excellence: <http://www.va.gov/ms/about.asp>

My Health e Vet: <http://www.myhealth.va.gov/>

NASDVA.COM National Association of State Directors: <http://www.nasdva.com/>

National Center for Health Promotion and Disease Prevention:

<http://www.nchpdp.med.va.gov/postdeploymentlinks.asp>

Neurological Conditions and Convulsive Disorders, Schedule of Ratings

<http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4%5F124a.doc>

http://www.warms.vba.va.gov/regs/38cfr/bookc/part4/s4_124a.doc

OMI (Office of Medical Inspector) <http://www.omi.cio.med.va.gov/>

Online VA Form 10-10EZ <https://www.1010ez.med.va.gov/sec/vha/1010ez/>

Parkinson's disease and Related Neurodegenerative Disorders

<http://www1.va.gov/resdev/funding/solicitations/docs/parkinsons.pdf> and,

<http://www1.va.gov/padrecc/>

Peacetime Disability Compensation http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1131

Pension for Non-Service-Connected Disability or Death

http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapteri_.html

and, http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapterii_.html

http://www.access.gpo.gov/uscode/title38/partii_chapter15_subchapteriii_.html

Persian Gulf Registry http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1003

This program is now referred to as Gulf War Registry Program (to include Operation Iraqi Freedom) as of March 7, 2005:

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1232

Persian Gulf Registry Referral Centers

http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1006

Persian Gulf Veterans' Illnesses Research 1999, Annual Report To
Congress http://www1.va.gov/resdev/1999_Gulf_War_Veterans'_Illnesses_Appendices.doc
http://www1.va.gov/resdev/1999_Gulf_War_Veterans%27_Illnesses_Appendices.doc

Persian Gulf Veterans' Illnesses Research 2002, Annual Report To
Congress

http://www1.va.gov/resdev/prt/gulf_war_2002/GulfWarRpt02.pdf

Phase I PGR http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1004

Phase II PGR http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=1005

Policy Manual Index <http://www.va.gov/publ/direc/eds/edsmps.htm>

Power of Attorney http://www.warms.vba.va.gov/admin21/m21_1/mr/part1/ch03.doc

Project 112 (Including Project SHAD)<http://www1.va.gov/shad/>

Prosthetics Eligibility http://www1.va.gov/vhapublications/ViewPublication.asp?pub_ID=337

Public Health and Environmental Hazards=2 0Home Page <http://www.vethealth.cio.med.va.gov/>

Public Health/SARS <http://www.publichealth.va.gov/SARS/>

Publications Manuals <http://www1.va.gov/vhapublications/publications.cfm?Pub=4>

Publications and Reports

http://www1.va.gov/resdev/prt/pubs_individual.cfm?webpage=gulf_war.htm

Records Center and Vault Homepage <http://www.aac.va.gov/vault/default.html>

Records Center and Vault Site Map <http://www.aac.va.gov/vault/sitemap.html>

Request For And Consent To Release Of Information From Claimant's Records:

<http://www.forms.va.gov/va/Internet/VARF/getformharness.asp?formName=3288-form.xft>

Research Advisory Committee on Gulf War Veterans Illnesses April 11, 2002

http://www1.va.gov/rac-gwvi/docs/Minutes_April112002.doc

Research Advisory Committee on Gulf War Veterans Illnesses

http://1.va.gov/rac-gwvi/docs/ReportandRecommendations_2004.pdf

Research and Development http://www.appc1.va.gov/resdev/programs/all_programs.cfm

Survivor's and Dependents' Educational Assistance:

http://www.access.gpo.gov/uscode/title38/partiii_chapter35_.html

Title 38 Index: Parts 0-17

http://ecfr.gpoaccess.gov/cgi/t/text/textidx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tp l=/ecfrbrowse/Title38/38cfrv1_02.tpl

Part 18

http://ecfr.gpoaccess.gov/cgi/t/text/textidx?sid=1b0c269b510d3157fbf8f8801bc9b3dc&c=ecfr&tp l=/ecfrbrowse/Title38/38cfrv2_02.tpl

Title 38; Part 3 Adjudication Subpart A "Pension, Compensation, and Dependency and Indemnity Compensation:

http://ecfr.gpoaccess.gov/cgi/t/text/textidx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tp l=/ecfrbrowse/Title38/38cfr3_main_02.tpl

Title 38 Pensions, Bonuses & Veterans Relief(also A 3.317 Compensation for certain disabilities due to undiagnosed illnesses found here)

http://ecfr.gpoaccess.gov/cgi/t/text/textidx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&tp l=/ecfrbrowse/Title38/38cfr3_main_02.tpl

Title 38 PART 4-SCHEDULE FOR RATING DISABILITIES Subpart B-DISABILITY RATINGS

Title 38 A 4.16 Total disability ratings for compensation based on unemployability of the individual.

PART 4a"SCHEDULE FOR RATING DISABILITIES Subpart A "General Policy in Rating

<http://ecfr.gpoaccess.gov/cgi/t/text/textidx?c=ecfr&sid=1b0c269b510d3157fbf8f8801bc9b3dc&rg n=div8&view=text&node=38:1.0.1.1.5.1.96.11&idno=38>

U.S. Court of Appeals for Veterans Claims <http://www.vetapp.gov/>

VA Best Practice Manual for Posttraumatic Stress Disorder(PTSD):

<http://www.avapl.org/pub/PTSD%20Manual%20final%206.pdf>

VA Fact Sheet <http://www1.va.gov/opa/fact/gwfs.html>

VA Health Care Eligibility <http://www.va.gov/healtheligibility/home/hecmain.asp>

VA INSTITUTING GLOBAL ASSESSMENT OF FUNCTION (GAF) <http://www.avapl.org/gaf/gaf.html>

VA Life Insurance Handbook a" Chapter 3:

<http://www.insurance.va.gov/inForceGliSite/GLIhandbook/glibookletch3.htm#310>

VA Loan Lending Limits and Jumbo Loans http://valoans.com/va_facts_limits.cfm

VA MS Research <http://www.va.gov/ms/about.asp>

VA National Hepatitis C Program <http://www.hepatitis.va.gov/>

VA Office of Research and Development <http://www1.va.gov/resdev/>

VA Trainee Pocket Card on Gulf War <http://www.va.gov/OAA/pocketcard/gulfwar.asp>

VA WMD EMSHG <http://www1.va.gov/emshg/>

VA WRIISC-DC <http://www.va.gov/WRIISC-DC/>

VAOIG Hotline Telephone Number and Address <http://www.va.gov/oig/hotline/hotline3.htm>

Vet Center Eligibility – Readjustment Counseling Service <http://www.va.gov/rcs/Eligibility.htm>

Veterans Benefits Administration Main Web Page <http://www.vba.va.gov/>

Veterans Legal and Benefits Information <http://valaw.org/>

VHA Forms, Publications, Manuals <http://www1.va.gov/vhapublications/>

VHA Programs – Clinical Programs & Initiatives
http://www1.va.gov/health_benefits/page.cfm?pg=13

VHA Public Health Strategic Health Care Group Home Page <http://www.publichealth.va.gov/>

VHI Guide to Gulf War Veterans(tm) Health
http://www1.va.gov/vhi_ind_study/gulfwar/istudy/index.asp

Vocational Rehabilitation <http://www.vba.va.gov/bln/vre/>

Vocational Rehabilitation Subsistence <http://www.vba.va.gov/bln/vre/InterSubsistencefy04.doc>

VONAPP online <http://vabenefits.vba.va.gov/vonapp/main.asp>

WARMS – 38 CFR Book C <http://www.warms.vba.va.gov/bookc.html>

Wartime Disability Compensation
http://frwebgate.access.gpo.gov/cgi-bin/getdoc.cgi?dbname=browse_usc&docid=Cite:+38USC1110

War-Related Illness and Injury Study Center New Jersey <http://www.wri.med.va.gov/>

Welcome to the GI Bill Web Site <http://www.gibill.va.gov/>

What VA Social Workers Do <http://www1.va.gov/socialwork/page.cfm?pg=3>

WRIISC Patient Eligibility <http://www.illegion.org/va1.html>